



THE YOUNG **PSYCHOLOGIST** SUMMER EXPERIENCE

The ultimate experience of psychology this summer
London, Summer 2023 | For students ages 15-18

Give your expertise in a criminal trial

Practice CBT techniques with your own patient

Experience university life on-campus in London

Network with psychologists – gain a competitive advantage

Handle full mental health cases with professional psychologists



Up to **15 days** of immersive psychology experiences throughout July & August 2023



REGISTER NOW!

CHOOSE YOUR PROGRAMME LENGTH

1-5

Industry Deep-Dive

- Tackle simulations within forensics, sports & education
- Assess the psychological state of a criminal in a simulated case
- Speak with a professional athlete at a Premier League stadium about mental health

6-10

In the Field

- De-escalate crises in a simulated mental health ward
- Take a private tour of the UK's oldest mental illness hospital
- Discover the benefits of Virtual Reality with a top psych tech firm

11-15

Professional Career Coaching

- Training on the key skills required to break into psychology, such as teamwork, communication & problem-solving
- Coaching on breaking into psychology



A DAY IN THE LIFE (DAY 6)

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| 9am | Breakfast at accommodation canteen |
| 10am | Board coaches & travel to University College London |
| 10:30am | Welcome from Programme Director |
| 11am | Introduction to Clinical Psychology: Discover the essential skills of patient interaction and the fundamentals of CBT |
| 12pm | Enter the Clinic: Carry out an initial assessment with a patient suffering with depression |
| 1pm | Lunch |
| 2pm | Work collaboratively with your patient to develop a formulation which will inform their treatment plan |
| 3pm | Thought Challenging: Practice techniques with your patient to reduce the impact of their unhelpful thoughts |
| 4pm | Step into the shoes of a psychologist and respond to typical workplace scenarios in real time |
| 4:30pm | Panel Q&A with Senior and Trainee Clinical Psychologists |
| 5pm | Return to accommodation |
| 6pm | Dinner at accommodation canteen |
| 7:30pm | Evening activities |

Post-programme you will receive a personalised certificate

ACCOMMODATION



Accommodation available on University of London campus



Places are highly limited. Register your place now!



REGISTER NOW!