



EST. 1525

Sedbergh  
SCHOOL



**SEDBERGH**  
IMMERSION EXPERIENCES

[WWW.SEDBERGHSCHOOL.ORG](http://WWW.SEDBERGHSCHOOL.ORG)



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# Sedbergh

SCHOOL





# WELCOME TO SEDBERGH



Sedbergh School, the leading independent co-educational full boarding school in the North of England, is a place where tradition meets innovation, and excellence knows no bounds. In our 500th year, we invite you to join us in celebrating a rich legacy of academic brilliance, personal growth, and global connections.

For years, Sedbergh School and Sedbergh Prep School have been a home away from home for international pupils from over 30 different nationalities. We are dedicated to expanding our international partnerships, fostering relationships, and creating unique opportunities for overseas pupils and schools.

Sedbergh is one of only 8 remaining 'full boarding' schools in the UK. With no weekly or flexi boarders in the senior school, pupils receive a genuine British boarding experience with free time over the weekend dedicated to a variety of sport and co-curricular activities.

At Sedbergh, we value the importance of sharing cultural experiences. During the academic year we offer an immersion opportunity where international pupils are fully immersed in our school for boarding, lessons and activities.

Sedbergh works very closely with individuals from many countries to make this happen. If you are interested in exploring immersion opportunities, please contact me.

David Milner  
Director of Marketing and International Relations

Email: [david.milner@sedberghschool.org](mailto:david.milner@sedberghschool.org)  
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# SEDBERGH PREP SCHOOL



## FACTS & FIGURES

Located on its own 80 acre enclosed campus, Sedbergh Prep School provides pupils aged from 4 to 13 with a safe environment to learn and thrive.

- Co-educational day and boarding.
- 200 pupils with 80 boarders: Around 7% of the total school roll are international pupils.
- Unique intensive English programme for international pupils.
- EAL provision and SEN support available.
- Pioneering STEAM provision in a state-of-the-art robotics and design centre.
- Outstanding facilities; full-sized astroturf, indoor swimming pool, sports hall, art and design centre, specialist science laboratories, shooting range, ICT suites and home economics studio.
- Equestrian centre on-site; 40m x 20m all weather arena, show jumping paddock and 25 acres of land.
- Extensive extra-curricular provision - climbing, pottery, sailing, art, mountain biking, drama, shooting, chess, tennis, golf riding, swimming and much more.
- Individual music lessons, numerous ensembles and choirs.
- 90-minute transfer links to Manchester and Liverpool airports. Direct train from London to Oxenholme.



# SEDBERGH SENIOR SCHOOL



## FACTS & FIGURES

Located between the Lake District and Yorkshire Dales, on its own 120 acre campus, Sedbergh School provides pupils aged from 13 to 18 with the perfect setting to discover new talents and opportunities.

- Co-educational full boarding school.
- 600 pupils (580 full boarders). Around 13% of the total school roll are international pupils.
- Nine boarding houses (6 boys, 3 girls). A traditional house system with all meals taken in house.
- Unique Year 9 curriculum for all pupils called 9 Inspire.
- Full SEN & EAL support available.
- Extensive extra curricular programme; CCF, Duke of Edinburgh, LAMDA, golf, horse riding, running, fishing, shooting, sailing and much more.
- Individual music lessons, numerous ensembles and choirs.
- Outstanding facilities; sixth form centre, multi-million pound sports centre, design and arts centre, science laboratories, music studio, shooting range, multiple sports pitches, tennis courts, indoor swimming pool and chapel.
- International reputation for sport and music
- 90-minute transfer links to Manchester and Liverpool airports. Direct train from London to Oxenholme.



# SEDBERGH PREP

## IMMERSION EXPERIENCE

Thank you for your interest in an immersion experience at Sedbergh Prep School.

We believe in education in its fullest sense. In our care, children make extraordinary progress in all aspects of their learning; in their academic potential, in the exploration of their individual talents and abilities, in the development of their character and leadership potential.

During an immersion experience, your child will quickly absorb all that makes our school so special, adopting our values and ethos alongside the obvious benefits to their written and spoken English. Our innovative and creative curriculum supports your child to develop confidence and resilience in a caring and safe environment.

With 500 years of history behind us, it is no surprise that our pupils feel a part of something much bigger. The traditions and heritage of Sedbergh School, as well as our magnificent setting, are what make us who we are: ambitious; adventurous; confident.

Immersion is a fantastic way for your child to experience life in a British boarding school and ensures a smoother transition for those wishing to join a UK school longer term.

I am looking forward to welcoming your child to our community.

Kate Martin  
Head



# PREP DAILY

## DRAFT TIMETABLE

TIME	YEARS 3-6	YEARS 7-8
0700		WAKE UP
0730		BREAKFAST
0800		TEETH AND TIDY
0825		REGISTRATION
0840		PERIODS 1 AND 2
0950		MORNING BREAK
1020		PERIODS 3 - 6
1240		LUNCH AND BREAK
1350		ASSEMBLY
1415	SPORT	PERIODS 7 AND 8
1525		AFTERNOON BREAK
1540	PERIODS 9 AND 10	SPORT
1650		FORM TIME
1715		SUPPER
1745		HOMEWORK
1830		EVENING ACTIVITY
2000		SNACK TIME AND BEDTIME ROUTINE
2030 - 2130		BEDTIMES FROM YOUNGEST TO OLDEST

# PROGRAMME CONTENT (PREP SCHOOL)

## ACADEMIC CURRICULUM LESSONS

### STEM:

Maths, Science, Design and Technology and Computing

### LANGUAGES:

English, French and Latin (Years 7 and 8 only)

### HUMANITIES:

Geography, History, Religious Studies and Projects

## EXTRA-CURRICULAR LESSONS

During the programme, pupils will fully immerse themselves in our outstanding extra curricular programme around sport, art, drama and music.

## OTHER ACTIVITIES

During their stay, the children will take part in the Sunday boarding trips, Tuesday's activities programme and a range of educational and cultural visits. There will also be opportunities for the children to share their culture with Sedbergh pupils and staff.



### KEY BENEFITS

EAL support

### Learn about British culture

Immersed in a full boarding environment with British pupils



### Extensive extra curricular programme on offer

Local excursion

### Unique and safe location with outstanding facilities





# SEDBERGH SENIOR IMMERSION EXPERIENCE

Thank you for your interest in the immersion experience at Sedbergh School.

At Sedbergh, we believe in a holistic education that nurtures every aspect of a child's growth, academically, personally, and socially. For those in Years 9 and 10 (Age 13 to 15), immersion offers an unparalleled opportunity to embrace the full Sedbergh experience, with a strong focus on our core values of Humility, Ambition, Resilience, and Kindness.

Your child will fully engage with the life and learning at Sedbergh. They will develop their English language skills while immersing themselves in our dynamic and creative curriculum, designed to foster academic excellence and ignite individual passions. Our approach not only builds confidence and independence but also equips pupils to explore their potential in leadership and character development.

In our 500th year, Sedbergh continues its longstanding tradition of academic success, making it one of the leading schools for education in the UK. Our heritage, combined with the stunning natural surroundings, provides an inspiring backdrop for the personal growth of our pupils.

In 2025, Sedbergh was named 'European School of the Year', an accolade which we are extremely proud of.

I look forward to welcoming your child to Sedbergh and giving them the chance to experience everything that makes our school such a special place to learn and grow.

Dan Harrison  
Headmaster

# SENIOR DAILY DRAFT TIMETABLE

TIME	YEARS 9 & 10
07.00	WAKE UP
0730	BREAKFAST
0805	ASSEMBLY
0825	PERIOD 1
0925	PERIOD 2
1020	BREAK
1055	PERIODS 3 & 4
1300	LUNCH AND BREAK
1410	GAMES
1610	PERIOD 5
1705	PERIOD 6
1800	TEA / SUPPER
1915	PREP / HOMEWORK
2115	END OF PREP
2145	SHOWERS & BEDTIME

## THURSDAY

Pupils will take part in Combined Cadet Force or activities in the afternoon from 13.45.

## SATURDAY

At Sedbergh pupils will also take part in 4 lessons on a Saturday morning with games and activities in the afternoon.

# PROGRAMME CONTENT (SENIOR SCHOOL)

## ACADEMIC CURRICULUM LESSONS

Pupils will access the full range of subjects on offer at Sedbergh School including Maths, English and Science. There will also be opportunities for pupils to experience the creative arts (Art, Music & Drama) as well design & technology and English as an Additional Language.

## EXTRA-CURRICULAR LESSONS

During the programme, pupils will fully immerse themselves in our outstanding extra curricular programme around sport, art, drama and music.

## OTHER ACTIVITIES

During their stay, pupils will take part in Saturday evening social events, boarding activities and be given the opportunity to share their wonderful culture with the Sedbergh community.

A local excursion will also be arranged at the weekend around the Lake District, this could include a trip to Lake Windermere to participate in some outdoor adventure based activities (subject to weather conditions).



## KEY BENEFITS

EAL support

### Learn about British culture

Immersed in a full boarding environment with British pupils

### Extensive extra curricular programme on offer

Unique and safe location with outstanding facilities



# SEDBERGH

## INTERNATIONAL SUMMER SCHOOL

**JUNE, JULY & AUGUST**

Minimum 2 weeks

Sedbergh School has been running its own International Summer School for over 10 years and welcomes over 250 pupils every year from around 25 nationalities to take part in a range of courses.

Multi-cultural learning experience for children aged 8 to 16

**Two outstanding campuses**

Owned and operated by Sedbergh School

**Minimum of 15 hours of English tuition per week**

Specialist programmes & activities

**Two full day excursions per week**

Airport & train transfers available

**Opportunities to attend residential courses with British pupils**

**FURTHER INFORMATION**

[iss@sedberghschool.org](mailto:iss@sedberghschool.org)

[www.internationalsummercourses.org](http://www.internationalsummercourses.org)



# PARENT FAQs

## **When do you accept applications?**

Short term immersion is available throughout the academic year subject to availability.

## **How old does my child need to be?**

The immersion courses are available at the Prep School for children aged 8 to 13 (Year 4 to 8) and at the Senior School for children aged 13 to 15 (Years 9 & 10)

## **Do you provide airport transfers?**

Airport transfers are available from Manchester, Liverpool and Leeds/Bradford. Transfers from London Heathrow can be arranged.

## **How is Sedbergh different to other schools?**

Two campuses: Prep School (ages 8-12) and Senior School (ages 13-18). Senior School has 580 full boarders, 7 days a week. Only 13% are international. Nine boarding houses provide in-house dining for a traditional British experience.

## **What is your nearest airport?**

Manchester, 1 hour 30 minutes away. Direct train to London Euston from Oxenholme (2 hours 40 minutes).

## **What is the application process?**

Submit a registration form and recent school report. An interview will be arranged to assess the level of English.

If you have any questions regarding Sedbergh School, please email:

David Milner  
[david.milner@sedberghschool.org](mailto:david.milner@sedberghschool.org)  
[admissions@sedberghschool.org](mailto:admissions@sedberghschool.org)



# Sedbergh SCHOOL

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