

# + Horse Riding



We take great care in matching up our riders and horses so that the children improve both in confidence and riding ability, as well as English language.”

EXSPORTISE  
HEAD RIDING  
INSTRUCTOR

Our horse riding programme caters for most levels of ability, from those who have a minimum of one year’s riding experience to students who are accomplished riders.



Our team of experienced riding instructors take great care in matching riders and horses.

Parents are asked to complete a horse riding questionnaire before camp and riders are further assessed during their first session before spending the week receiving tuition according to their ability in dressage and show jumping, as well as hacking across the beautiful English countryside. All our training builds towards competition day each Friday, when riders compete in a dressage test and on a show jumping course (ability specific), starting with poles on the ground and building upwards for the more experienced riders.



## > OUR OBJECTIVE IS....

to enhance students’ confidence around horses and in everyday life.



Students spend three hours each day at the stables where, as well as riding, they work on stable and horse management, allowing them to gain in confidence and riding ability, while at the same time improving their English language skills in and around the stable yards. Stable management is a key element of our programme, when students learn to groom and prepare their horse for riding, as well as study the names of the equipment they are using and the points of the horse - all in English.

**\*NB: Students must have a minimum of one year’s regular riding experience and show basic riding abilities. They must be comfortable and in control of their horse at walk and trot.**



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## COURSE DETAILS

- 15 hours of riding, horse and stable management per week
- Students must have a minimum of one year’s regular riding experience
- Focus on building riding confidence and horse handling including walking, trotting, cantering and riding on uneven terrain
- Training in dressage and show jumping to basic competition level
- Advanced tutoring in posture and fine control for experienced riders
- Stable management and horse care including mucking out and feed preparation, grooming, choice of equipment, tacking-up, removing and maintaining tack
- BHS standard helmets can be provided by the stables
- UK accredited stables and qualified riding instructors
- Stables conform to the latest UK health and safety regulations

Average Coaching Ratio

1:6