

Inter Milan Football Academy

Learn the international language of football • *Ages 10-13 & 13-16 (boys and girls)*

Locations 

 King Edward's School, *pg. 51*

Key Facts:

-  **Age range:**
10-13 & 13-16
-  **Location:**
King Edward's School
-  **Class size:**
12
-  **Exam:**
Inter Academy certificate of attendance & English progress report
-  **Certificate:**
Personalised report card & certificate
-  **Minimum language level:**
No minimum level required
-  **Weekly excursions:**
2 full-day
-  **Hours per week:**
12 hours of English & Sports projects
15 hours football coaching
2 football workshops
-  **Dates:**
9 July - 6 August



Train with one of the world's top football academies this summer, Inter Academy. For active students who are passionate about sport, our Football & English course offers the chance to experience on-field training, sports performance and English language workshops.

The coaching programme is designed and delivered by Inter Academy coaches, building on students' techniques and skills. Our English curriculum allows students to learn English through sport, and has been created to provide knowledge, skills and confidence for players to communicate both on and off field.

Students will leave this programme with a full English language progress report and Inter Academy certificate of attendance.

Learning outcomes

- Develop key language skills: speaking, listening, reading and writing, as well as lexical resource, grammatical structures and pronunciation
- Build confidence in communicating in English and using English in authentic situations
- Improve knowledge of sports performance and vocabulary and how to express yourself on the pitch in English
- Develop and improve technical, tactical, physical and mental football skills through Inter Academy coaching



English

Our bespoke English language curriculum focuses on providing the knowledge, skills and confidence for students to communicate effectively both on and off the field. Content will cover language needed for day-to-day life on the camp and training sessions so students are able to use their language immediately and communicate with international teammates and coaches.



Workshops

Students will attend 2 football workshops per week delivered by the Inter Academy coaches that focus on such topics as:

- The history of Inter Milan
- Football tactics and philosophies
- What makes great players great
- What it takes to be a professional footballer



Projects

Students will also learn about the key elements of football through a project based learning approach focusing on areas such as:

- Food & Nutrition
- Injury prevention
- Sports performance
- Player attributes
- Stadium design



Football

The curriculum is designed and delivered by Inter Milan Academy coaches, a direct extension of the Italian professional football club Inter Milan's Youth Sector training program. The goal of the Inter Academy training is to provide theoretical and practical skills so that each student is able to learn in an effective and rational way and transfer their technical "know-how" to future matches.

Throughout training, coaches will focus on **5 key areas of development** that will help build players into champions:

1. Physical-Coordination Area
2. Technical-Tactical Area
3. Social Area
4. Psychological-Motivational Area
5. Medical Area

At the end of each week, students will take part in a tournament to put their newly developed skills into action!



Discover our Football Academy course

Sample Timetable

	TUE	WED	THU	FRI	SAT	SUN	MON
AM	Arrivals	Testing Course Overview Assessment Introduction	Excursion: Central London walking tour and London Eye	Main Syllabus Assessment Preparation Conversation Class Sports Projects	Excursion: Tottenham Hotspur Stadium	Main Syllabus Assessment Preparation Conversation Class Sports Projects	Main Syllabus Academic Skills session Weekly review Sports Projects
PM	Coaching Assessment	Football Coaching Session		Football Coaching Session		Football Coaching Session	Football Coaching Session
EVE	Welcome Games	Football Workshop	Activity: Movie Night	Football Workshop	Activity: Summer Olympics	Activity: Football Quiz	Graduation Ceremony and Group Activity

**based on 2023 timetable*