





# CAMP OPTIONS

Choose from either TOTAL HOCKEY or HOCKEY + ENGLISH. Both options are available as a 6- or 13-night camp.

**OPTION 1** 

#### **TOTAL HOCKEY**

- Up to 24 hours a week of hockey coaching and game play
- Up to 8 hours a week of sports-related workshops
- Suitable for all English language abilities except beginners

OPTION 2

#### **HOCKEY + ENGLISH**

- Up to 24 hours a week of hockey coaching and game play
- Up to 13 hours a week of **English Language lessons** using an accelerated model of English learning
- Suitable for all English language abilities

### **ALL CAMPS INCLUDE**



PRO HOCKEY COACHING



SUPPORT STAFF



ON-SITE **ACCOMMODATION** 



**EXCURSIONS TO** CITIES + LANDMARKS



**EXCLUSIVE NIKE** GIFT PACK



**COACHING REVIEW** + CERTIFICATE



















## MEET THE HOCKEY DIRECTOR



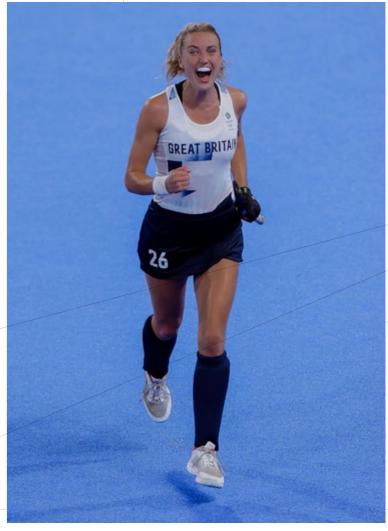
### LILY OWSLEY

Lily is a stalwart of the GB hockey team, making her England debut as a 19-year-old and amassing over 160 caps for both England and Great Britain. With an Olympic gold medal from Rio and a bronze from Tokyo to her name, she also played a pivotal role in Team GB's triumph at the 2015 European Championship, sealing the victory with the decisive final goal against the Netherlands.

Now, Lily is committed to supporting the next generation of hockey stars to benefit from the same calibre of coaching that she did as a member of Team GB's golden generation. As a member of UK Sport's World Class Programme, she had access to the world's best coaches, which has shaped her own coaching style. Each week Lily brings this experience as both a professional player and coach to her role as Hockey Director on camp. Lily will join the camp to teach a coaching masterclass and deliver an inspiring workshop and Q&A to young players. Through this masterclass and workshop, players gain a new perspective on the skills and mindset they need to master to compete at the highest level.









# COACHIG SABOUT HELPING YOUNG PLAYERS GROW. SEENGTHER PROGRESS MAKESITALLWORTHWHILE

LILY OWSLEY
HOCKEY DIRECTOR



## 1:1 PRO SESSIONS

Elevate your child's camp experience with a one-on-one lesson with our expert coaches.

#### TRAIN LIKE A PRO

Led by a senior coach, this one-on-one session gives hockey players the chance to focus on exactly what they want to improve, whether it's 3D skills and eliminations, ball carrying, shooting and finishing, defensive positioning and tackling, or overall game strategy. Coaches create personalised drills and offer detailed feedback to help players develop faster and play with greater confidence. Using professional-level training methods, sessions give players the competitive edge to take their performance to the next level.

#### **WHAT'S INCLUDED**

1:1 1-HOUR PRIVATE COACHING SESSION
Fully personalised to your
child's goals, the session is tailored
to maximise their development

E E

#### ENHANCED FEEDBACK

Feedback detailing their strengths, areas to improve, and tips to continue progress beyond camp







## ENGLISH TEACHING

#### WHAT TO EXPECT

Classes focus on sport, harnessing students' passion for the subject to promote language learning in a fun and interactive environment. Using the CLIL (Content and Language Integrated Learning) model of English, qualified teachers infuse language learning into lively and active classes where sports-based projects, discussions and activities take centre stage.

Teachers guide students to improve their verbal communication skills while discussing legendary players, interviewing coaches, or writing and speaking their own match commentary. Learning is supported by English teachers living on-site and English is spoken at all times throughout the camp, creating an immersive learning environment.

#### **HOW IT WORKS**

Students are grouped into classes based on a combination of age and ability. They complete a short online assessment before the camp starts and then speak with a teacher on arrival to ensure they are correctly placed for their level. At the end of the camp, each player receives a written report and advice on how to continue their learning at home.

#### WHAT'S INCLUDED



UP TO 13 HOURS OF English lessons per week



1:12 TEACHER TO STUDENT RATIO (AVERAGE)



INDIVIDUAL REPORT





## WORKSHOPS

#### WHAT TO EXPECT

Players taking the Total Sport option follow a series of workshops and recovery activities throughout the camp. They are introduced to a range of topics designed to give a broader view and better understanding of athletic performance, and what it takes to succeed on and off the pitch. Recovery exercises, such as yoga, help players manage the workload of training twice a day.

#### **WORKSHOP EXAMPLES**



#### **NUTRITION**

WHY WHAT YOU EAT AND DRINK MATTERS



#### **RESPECT**

CREATING A CULTURE OF TRUST AND RESPECT



#### **ELITE PERFORMANCE**

WHAT IT TAKES TO PERFORM AT THE HIGHEST LEVEL



#### **RESILIENCE**

HOW TO BOUNCE BACK FROM DIFFICULT SITUATIONS



#### **GOAL SETTING**

TAKING ACTIVE STEPS TO ACHIEVE YOUR DESIRED OUTCOME













## RADLEY COLLEGE THE DETAILS

#### **ACCOMMODATION**

Mostly single rooms with shared bathrooms

#### **TRANSFERS**

We offer an airport shuttle service from the following airports:

- London Heathrow Airport (LHR)
   44 miles / 70 km
- London Gatwick Airport (LGW)
   77 miles / 125 km

#### **FACILITIES**

- Hybrid Astro hockey pitches
- Tartan athletics track
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities
- On-site camp shop

#### **EXCURSIONS**

ALL CAMPS

- London Experience
   or
- Oxford Tour

#### 13-NIGHT CAMPS ONLY

• Theme Park











#### 2026 CAMP DATES

#### 6-NIGHT CAMPS MONDAY - SUNDAY

- 06 Jul 12 Jul
- 13 Jul 19 Jul
- 20 Jul 26 Jul
- 27 Jul 02 Aug
- 03 Aug 09 Aug
- 10 Aug 16 Aug

#### 13-NIGHT CAMPS MONDAY - SUNDAY

- 06 Jul 19 Jul
- 13 Jul 26 Jul
- 20 Jul 02 Aug
- 27 Jul 09 Aug
- 03 Aug 16 Aug

## MYKIDS HAD A GREAT IME AT CAMP HEYWERE COACHED BY LYMPIC GOLD MEDALLIST. AND EVEN HELD THE MEDAL

PARENT NIKE HOCKEY CAMP 2025

## CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions.

• OXF

LONDOI
 THEME PARK







**EVERY OTHER WEEK** 

Players explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.



#### **LONDON EXPERIENCE**

**EVERY OTHER WEEK** 

Players experience the sights of England's capital city including the famous 'Big Ben' and Buckingham Palace, rounding the day off with the chance to do some shopping.

#### **THEME PARK**

13-NIGHT CAMPS ONLY

There's something for everyone at England's top theme parks.

Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.

## LIFE ON CAMP

Camps are action-packed with sport, learning and meeting friends from around the world. Player welfare is at the heart of what we do, and camp life is designed to provide a fun and supportive environment for players to grow in skills and confidence.

#### **ACCOMMODATION**

Players stay in boarding houses on campus based on age group, with boys and girls in separate houses.

All houses have a communal players' lounge for relaxing during downtime.

Some boarding houses have single bedrooms only. Where houses have shared bedrooms, we may be able to accommodate roomshare requests.

#### DIET, NUTRITION AND HYDRATION

Meals are nutritionally balanced and designed for young athletes. There are a variety of options to choose from, including a vegetarian option. Welfare staff guide each player to ensure they are eating and drinking enough of the right foods during the camp. Coaches ensure players drink plenty of water during training sessions.

#### **MOBILE PHONES**

We want players to make the most of their time at camp and connect fully with their fellow campers. Device usage is limited to designated periods, giving players the chance to contact home while encouraging them to engage with others and enjoy the camp experience to the fullest.

#### **WELFARE STAFF**

There is a dedicated camp management and welfare team on-site all day and night. They are trained to look after players' wellbeing and are always on hand to help, support and guide campers to reach their full potential.

#### **MEDICAL AND INJURY**

Medical staff are available each day to monitor illness, medical conditions and dispensation of medication.
Further support and advice is provided by an on-call private doctor. Sports therapists or physiotherapists are present during sports sessions in case of injuries and subsequently to advise on recovery.











#### A TYPICAL DAY

#### **MORNING**



**BREAKFAST** 



MORNING MEETING



HOCKEY COACHING

#### AFTERNOON



LUNCH



**ENGLISH OR WORKSHOPS** 



RECOVERY + WELLNESS

#### **EVENING**



DINNER



HOCKEY COACHING



RELAX + LIGHTS OUT

 $\sim$ 



## REVIEWS

Camps are industry-leading, recognised for excellence, and trusted by families around the globe.



"My child attended the hockey camp at Radley College. I asked him how the week went when I collected him and he said, 'It was the best week of my life!'. Everything was very well organised and I felt very confident in leaving my son in their hands."

- Victoria, United Kingdom





"Libby loved her time at camp. She made some great friends from other countries and had lots of fun. She really enjoyed the hockey too."

- Teri, South Africa





"The coaches and staff were very nice, the hockey training was great fun, and I made new friends.

The Radley College campus with its many sports facilities was really impressive."

- PaulHugo, Germany





"The coaches were not only great instructors but really fun and supportive. She made friends from all over the world that she still keeps in touch with. And last but not least, she thought the food was amazing."

- Pattie, Argentina





4.8 Rating 250+ Reviews





# DATES & PRICES

RADLEY COLLEGE BOYD AND GIRLS AGED 11-17

All hockey abilities

HOCKEY		UP TO 24 HRS OF HOCKEY A WEEK
Choose from either option:	TOTAL HOCKEY	UP TO 8 HRS OF WORKSHOPS A WEEK
	HOCKEY + ENGLISH	UP TO 13 HRS OF ENGLISH A WEEK
DATES: 6-NIGHT CAMPS		<ul> <li>06 Jul – 12 Jul</li> <li>13 Jul – 19 Jul</li> <li>20 Jul – 26 Jul</li> <li>27 Jul – 02 Aug</li> <li>03 Aug – 09 Aug</li> <li>10 Aug – 16 Aug</li> </ul>
DATES: 13-NIGHT CAMPS		<ul> <li>06 Jul – 19 Jul</li> <li>13 Jul – 26 Jul</li> <li>20 Jul – 02 Aug</li> <li>27 Jul – 09 Aug</li> <li>03 Aug – 16 Aug</li> </ul>
CAMP PRICES		CONTACT AN AUTHORISED PARTNER
EXTRAS		1:1 PRO SESSION STANDARD AIRPORT TRANSFERS UNACCOMPANIED MINOR TRANSFERS

