

CANADA PROGRAM SCHEDULE



JUNIOR

FOR AGES 12-14



	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ARRIVAL	UNDERSTANDING	CONFIDENCE	CONTRIBUTION	COMMUNICATION	EXPLORATION	ACTION
8:30	A	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	Arrivals by plane/ferry: Pre-arranged transfers at any time from Victoria International Airport (YYJ) or the Swartz Bay Ferry Terminal to campus are included in your	 Introductions and Facility Tour What is Leadership? Exploring our current understanding of leadership 	Comfort Zone Home Group games: Getting to know your core group for the next two weeks!	 Inspiring guest speaker Service-learning trip: Giving back to the Victoria community through volunteering 	Communication: Learn more about how to successfully communicate with through a variety of fun games Creativity	Downtown Victoria scavenger hunt: Learn more about Victoria during this fast-paced group competition	Aliens Invade: Develop and apply your creativity, problem solving, and pitching skills in this fun team challenge
12:00	tuition. Please share your full travel itinerary a minimum of 4 weeks in advance. Drop-off on campus: 3-5 pm at 1939 Sooke Rd, Victoria.	LUNCH Practicing Leadership: Reimagining what leadership is Nature walk and large outdoor group games	• Wildplay: Challenge your comfort zone during a high ropes course up in the trees!	• Cultural competency: How can we work together across cultures?	LUNCH • Acroyoga: Build trust and leadership skills in this active workshop • Problem solving	• Free time and shopping in Victoria	LUNCH Kindness Challenge: Student-led projects to spread kindness in the local community SWOT Analysis
17:30	Meals and open activities are available to all participants on campus.	• DINNER • Dorm Rules: Dorm meetings & door decorating • Girls night / Boys night	DINNER Strengths Mask: Creatively expressing strengths and insecurities Evening activities	• Kindness Challenge: Introduction + small group brainstorming • Evening activities	DINNER • Cultural Exchange Night: Share your culture in unique ways!	• Kindness Challenge: Small group work block • Evening activities	DINNER • Visit Butchart Gardens: Explore the world-famous gardens and enjoy the fireworks show!
22:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT

This schedule is subject to change

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DAY 9

CANADA PROGRAM SCHEDULE

DAY **11**

DAY 10



JUNIOR

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DAY 12



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	REFLECTION	INVESTIGATION	DETERMINATION	COLLABORATION	VISION	APPRECIATION	DEPARTURE
8:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
	 Outdoor reflection: Reflecting on the week we've had together and what we've learned so far Easy hike to the waterfalls 	 Global Citizenship: What it means to be a responsible member of a global community Uncovering our passions & values 	Teamwork Olympics: Work together to complete challenges and gain points	Emotional Intelligence Leadership Timeline: Visualizing the past, present, and future of your leadership journey!	Communicate your vision: Learn strategies for compelling presentations Design Thinking Challenge: Small group presentation work block	 Design Thinking Challenge: Small group presentations Leadership Timeline: Home group share session 	Departures by plane/ ferry: Pre-arranged transfers at any time to Victoria International Airport (YYJ) or the Swartz Bay Ferry Terminal to campus are included in
12:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	your tuition.
	Games and swimming at the beach	• Design Thinking Challenge: Apply step-by-step design thinking to a global issue you are passionate!	Building Challenge: Combine design skills, strategy, and teamwork to win!	Design Thinking Challenge: Small group work block SHARE Projects: Work together to share what you've learned!	Service-learning trip: Giving back to the Victoria community through volunteering Visit Hatley Castle & Gardens	 Junior/Senior Project Showcases Reflections and closing activities 	Pick up on campus: 9-11 am at 1939 Sooke Rd, Victoria. The Best of BC Tour starts today! See tour
17:30	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	schedule for details. Want to extend
	Relax together at the beach	 Goal setting: Learn practical methods to set powerful goals Evening activities 	 Pool night: Let's hang out, swim, and have fun! 	Giving Feedback Talent Show: Show off your skills on stage!	Leadership Timeline: Individual work block Evening activities	 Closing ceremony: Receive a certificate with feedback from your coach Dance party! 	your time with us and explore more of what Victoria and Vancouver have to offer? Register for this
22:00	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	LIGHTS OUT	add-on tour!

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