

|              | DAY 1                                                                                                                                                                                                                                                   | DAY 2                          | DAY 3                        | DAY 4                            | DAY 5                            | DAY 6                        | DAY 7                     |
|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|------------------------------|----------------------------------|----------------------------------|------------------------------|---------------------------|
|              | Sunday<br><b>ARRIVAL</b>                                                                                                                                                                                                                                | Monday<br><b>UNDERSTANDING</b> | Tuesday<br><b>CONFIDENCE</b> | Wednesday<br><b>CONTRIBUTION</b> | Thursday<br><b>COMMUNICATION</b> | Friday<br><b>EXPLORATION</b> | Saturday<br><b>ACTION</b> |
| <b>8:30</b>  | Arrivals by plane/ferry: Pre-arranged transfers at any time from Victoria International Airport (YYJ) or the Swartz Bay Ferry Terminal to campus are included in your tuition. Please share your full travel itinerary a minimum of 4 weeks in advance. | <b>BREAKFAST</b>               | <b>BREAKFAST</b>             | <b>BREAKFAST</b>                 | <b>BREAKFAST</b>                 | <b>BREAKFAST</b>             | <b>BREAKFAST</b>          |
| <b>12:00</b> | Drop-off on campus: 3-5 pm at 1939 Sooke Rd, Victoria.                                                                                                                                                                                                  | <b>LUNCH</b>                   | <b>LUNCH</b>                 | <b>LUNCH</b>                     | <b>LUNCH</b>                     | <b>LUNCH</b>                 | <b>LUNCH</b>              |
| <b>17:30</b> | Meals and open activities are available to all participants on campus.                                                                                                                                                                                  | <b>DINNER</b>                  | <b>DINNER</b>                | <b>DINNER</b>                    | <b>DINNER</b>                    | <b>DINNER</b>                | <b>DINNER</b>             |
| <b>22:00</b> | <b>LIGHTS OUT</b>                                                                                                                                                                                                                                       | <b>LIGHTS OUT</b>              | <b>LIGHTS OUT</b>            | <b>LIGHTS OUT</b>                | <b>LIGHTS OUT</b>                | <b>LIGHTS OUT</b>            | <b>LIGHTS OUT</b>         |

*\*This schedule is subject to change\**

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INSTAGRAM: [@powerfuleyouthleadership](https://www.instagram.com/powerfuleyouthleadership)

|       | DAY 8                                                                                                                                                                                  | DAY 9                                                                                                                                                                                  | DAY 10                                                                                                                        | DAY 11                                                                                                                                                                           | DAY 12                                                                                                                                                                                               | DAY 13                                                                                                                                                            | DAY 14                                                                                                                                                                                                        |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|       | Sunday<br><b>REFLECTION</b>                                                                                                                                                            | Monday<br><b>INVESTIGATION</b>                                                                                                                                                         | Tuesday<br><b>DETERMINATION</b>                                                                                               | Wednesday<br><b>COLLABORATION</b>                                                                                                                                                | Thursday<br><b>VISION</b>                                                                                                                                                                            | Friday<br><b>APPRECIATION</b>                                                                                                                                     | Saturday<br><b>DEPARTURE</b>                                                                                                                                                                                  |
| 8:00  | BREAKFAST                                                                                                                                                                              | BREAKFAST                                                                                                                                                                              | BREAKFAST                                                                                                                     | BREAKFAST                                                                                                                                                                        | BREAKFAST                                                                                                                                                                                            | BREAKFAST                                                                                                                                                         | BREAKFAST                                                                                                                                                                                                     |
|       | <ul style="list-style-type: none"> <li>• Outdoor reflection: Reflecting on the week we've had together and what we've learned so far</li> <li>• Easy hike to the waterfalls</li> </ul> | <ul style="list-style-type: none"> <li>• Global Citizenship: What it means to be a responsible member of a global community</li> <li>• Uncovering our passions &amp; values</li> </ul> | <ul style="list-style-type: none"> <li>• Teamwork Olympics: Work together to complete challenges and gain points</li> </ul>   | <ul style="list-style-type: none"> <li>• Emotional Intelligence</li> <li>• Leadership Timeline: Visualizing the past, present, and future of your leadership journey!</li> </ul> | <ul style="list-style-type: none"> <li>• Communicate your vision: Learn strategies for compelling presentations</li> <li>• Design Thinking Challenge: Small group presentation work block</li> </ul> | <ul style="list-style-type: none"> <li>• Design Thinking Challenge: Small group presentations</li> <li>• Leadership Timeline: Home group share session</li> </ul> | <p>Departures by plane/ ferry: Pre-arranged transfers at any time to Victoria International Airport (YYJ) or the Swartz Bay Ferry Terminal to campus are included in your tuition.</p>                        |
| 12:00 | LUNCH                                                                                                                                                                                  | LUNCH                                                                                                                                                                                  | LUNCH                                                                                                                         | LUNCH                                                                                                                                                                            | LUNCH                                                                                                                                                                                                | LUNCH                                                                                                                                                             | LUNCH                                                                                                                                                                                                         |
|       | <ul style="list-style-type: none"> <li>• Games and swimming at the beach</li> </ul>                                                                                                    | <ul style="list-style-type: none"> <li>• Design Thinking Challenge: Apply step-by-step design thinking to a global issue you are passionate!</li> </ul>                                | <ul style="list-style-type: none"> <li>• Building Challenge: Combine design skills, strategy, and teamwork to win!</li> </ul> | <ul style="list-style-type: none"> <li>• Design Thinking Challenge: Small group work block</li> <li>• SHARE Projects: Work together to share what you've learned!</li> </ul>     | <ul style="list-style-type: none"> <li>• Service-learning trip: Giving back to the Victoria community through volunteering</li> <li>• Visit Hatley Castle &amp; Gardens</li> </ul>                   | <ul style="list-style-type: none"> <li>• Junior/Senior Project Showcases</li> <li>• Reflections and closing activities</li> </ul>                                 | <p>Pick up on campus: 9-11 am at 1939 Sooke Rd, Victoria.</p>                                                                                                                                                 |
| 17:30 | DINNER                                                                                                                                                                                 | DINNER                                                                                                                                                                                 | DINNER                                                                                                                        | DINNER                                                                                                                                                                           | DINNER                                                                                                                                                                                               | DINNER                                                                                                                                                            | DINNER                                                                                                                                                                                                        |
|       | <ul style="list-style-type: none"> <li>• Relax together at the beach</li> </ul>                                                                                                        | <ul style="list-style-type: none"> <li>• Goal setting: Learn practical methods to set powerful goals</li> <li>• Evening activities</li> </ul>                                          | <ul style="list-style-type: none"> <li>• Pool night: Let's hang out, swim, and have fun!</li> </ul>                           | <ul style="list-style-type: none"> <li>• Giving Feedback</li> <li>• Talent Show: Show off your skills on stage!</li> </ul>                                                       | <ul style="list-style-type: none"> <li>• Leadership Timeline: Individual work block</li> <li>• Evening activities</li> </ul>                                                                         | <ul style="list-style-type: none"> <li>• Closing ceremony: Receive a certificate with feedback from your coach</li> <li>• Dance party!</li> </ul>                 | <p>The <b>Best of BC Tour</b> starts today! See tour schedule for details. Want to extend your time with us and explore more of what Victoria and Vancouver have to offer? Register for this add-on tour!</p> |
| 22:00 | LIGHTS OUT                                                                                                                                                                             | LIGHTS OUT                                                                                                                                                                             | LIGHTS OUT                                                                                                                    | LIGHTS OUT                                                                                                                                                                       | LIGHTS OUT                                                                                                                                                                                           | LIGHTS OUT                                                                                                                                                        | LIGHTS OUT                                                                                                                                                                                                    |

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