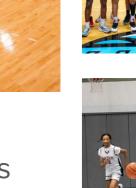




Skills, Strategy & Global Teamwork











"Based in our purpose-built basketball gymnasium, students will work with a qualified coach to develop their basketball skill level."



BOSTON, USA

WHAT'S INCLUDED:



COACHING

Students will take part in 18 hours of basketball coaching per weekto develop skills in competitive play, tactical growth and increased confidence in decisionmaking under pressure



SPORTS SCIENCE

Each week features a Sports Science professorbuilding a scientific understanding of how to



ACTIVITIES

The school day will finish Excursions allow students with an evening activity to really get to know the USA. We use destinations which will include discos, international nights and as a classroom, where talent shows. Our activities provide opportunities for students will find historic students to use the English and cultural information they have learnt and make tours and visits to museums international friends. and other places of



EDUCATIONAL VISITS



On each 2 week course there will be the opportunity to visit a local showcase event with your classmates and coaches to

analyse skills and tactics and absorb the atmosphere of a competitive US haskethall event



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Basketball: Skills, Strategy & Global Teamwork

COURSE OVERVIEW

This dynamic program blends high-level basketball training with a rich intercultural learning experience. Designed for international and domestic students aged 14–17, the course offers a unique opportunity to develop core skills, explore American basketball culture, and compete alongside peers from around the world.

COURSE STRUCTURE

Led by highly regarded and currently approved Nike-affiliated leagues (NYBL) coaches, participants will take part in daily training sessions, focusing on technical fundamentals, tactical awareness, and physical conditioning. Through structured team competition, students will build confidence, sharpen communication skills, and deepen their understanding of game strategy.

Beyond the court, the program emphasizes experiential learning—introducing students to the cultural significance of baseball in the United States and fostering collaboration across diverse backgrounds. Whether students are preparing for high school teams, looking to elevate their performance, or simply passionate about the sport, this course offers a comprehensive and inspiring environment to grow.

Minimum 6 students required to run this course (each week)

COURSE OUTCOMES

Skill development in competitive and team basketball

Tactical growth and decision-making under pressure

Exposure to American basketball culture and systems

Increased confidence and English language development tied to sport

COURSE INFORMATION

CLASS SIZE:	Maximum 16	AGE RANGE:	14 - 17 (groups)	COURSE LENGTH:	1 - 2 weeks
			28th June 2026		
ACADEMIC			5th July 2026		
REQUIREMENTS/	Intermediate	START DATES:	12th July 2026		
ANGUAGE LEVEL:			19th July 2026		
			26th July 2026		
BASKETBALL	Intermediate to			SESSIONS PER	45.1
ABILITY	Advanced			WEEK:	15 hours

SAMPLE PROGRAM

			SA	MPLE PROGRAM		
WEEK 1		MORNING		AFTERNOON		EVENING
		09.00 - 12.30		14.00 - 18.00		19.30 - 22.00
SUN		Arrival and Local Orientation				Orientation Activities
MON		Skills Training: Ball Handling & Shooting		Included Half Day Excursion: Boston Freedom Trail & Quincy Market		Ice Breakers
TUES		Drills: Defense & Passing		Included Half Day Excursion: Boston Harbor Cruise & Tour	DINNER	Game Show
WEDS	BREAKFAST	Scrimmage & Tactical Drills	LUNCH	Included Half Day Excursion: Harvard University Tour & Cambridge area	DIN	Sports or Board Games
THUR		Skills Training: Footwork & Agility		Sports Science- Nutrution and Recovery		Karaoke & Talent Night
FRI		Drills: Team Offense/Defense		Included Half Day Excursion: Newbury Street Shopping & Copley Square Tour		Fourth of July Celebration
SAT				Included Full Day Excursion: New York City		
WEEK 2		MORNING		AFTERNOON		EVENING
WEEK 2		MORNING 09.00 - 12.30		AFTERNOON 14.00 - 18.00		EVENING 19.30 - 22.00
WEEK 2						
				14.00 - 18.00		
SUN		09.00 - 12.30		14.00 - 18.00 Basketball Showcase Event Included Half Day Excursion: TD Garden &		19.30 - 22.00
SUN	KFAST	09.00 - 12.30 Skills Training: Shooting & Rebounding	LUNCH	Included Half Day Excursion: TD Garden & Sports Museum	DINNER	19.30 - 22.00 Welcome Party
SUN MON TUES	BREAKFAST	O9.00 - 12.30 Skills Training: Shooting & Rebounding Scrimmage & Feedback Session	LUNCH	Included Half Day Excursion: TD Garden & Sports Museum Included Half Day Excursion: Premium Outlets Shopping at Wrentham	DINNER	19.30 - 22.00 Welcome Party Halloween Party
SUN MON TUES WEDS	BREAKFAST	O9.00 - 12.30 Skills Training: Shooting & Rebounding Scrimmage & Feedback Session Drills: Court Vision & Decision Making	LUNCH	Basketball Showcase Event Included Half Day Excursion: TD Garden & Sports Museum Included Half Day Excursion: Premium Outlets Shopping at Wrentham Included Half Day Excursion: MIT Tour	DINNER	Welcome Party Halloween Party Sports or Board Games
SUN MON TUES WEDS THUR	BREAKFAST	O9.00 - 12.30 Skills Training: Shooting & Rebounding Scrimmage & Feedback Session Drills: Court Vision & Decision Making Skills Training: Conditioning & Stamina Drills: Zone vs Man Defense		Basketball Showcase Event Included Half Day Excursion: TD Garden & Sports Museum Included Half Day Excursion: Premium Outlets Shopping at Wrentham Included Half Day Excursion: MIT Tour Sports Science- Performance and Power Included Half Day Excursion: Historical tour		Welcome Party Halloween Party Sports or Board Games International Night Movie Night