

Pro Dance

This two-week programme helps students to develop their dance technique and repertoire, as well as giving them invaluable experience of performing to a live audience.

DANCE INSTRUCTOR

Paul Liburd (MBE) is a former member of London Contemporary Dance Theatre, Rambert Dance Company and Scottish Ballet as a soloist and he has danced works by some of the world's most prominent contemporary-modern choreographers. He has numerous awards and was awarded the MBE (Member of the Order of the British Empire) in 2009 for services to Dance.

After retiring from performing, Paul now teaches at Rambert School of Ballet and Contemporary Dance and London Studio Centre.

PROGRAMME

This intensive Dance and English course includes 12 hours of dance and 14 hours of English tuition per week.

ENGLISH LEVELS & CLASSES

Pro Dance		
A0	Complete Beginner	
A1	Beginner	
A1–A2	Elementary	
A2	Pre-Intermediate	•
B1	Intermediate	•
B2	Upper Intermediate	•
C1	Advanced	•
C2	Proficiency	•

ENGLISH SKILLS

There are 10 hours of English Skills lessons per week which are designed to improve students' general language skills, extend their vocabulary and better their understanding of grammar, to improve accuracy and fluency when producing spoken and written English.

	LOCATION	Dicker
	AGES	12–17 years
	DATES	5–18 July 2026
	CAPACITY	20
	ENGLISH LESSONS	14 hours per week
	DANCE LESSONS	12 hours per week
	MINIMUM LEVEL	A2 Dance Intermediate
	MAX CLASS SIZE	14
	BEDS PER ROOM	1–4 beds
	STAFF:STUDENT RATIO	1:5
	SPECIALITY	Intensive Dance



ENRICHMENT

During these sessions, students will further enrich their language skills by deepening their cultural understanding of the places they visit during excursions, using real-world materials such as leaflets, word searches, adverts and articles to develop their productive and receptive English skills pre- and post-excursions.

DANCE LEVEL

This course is specifically designed for students who possess a solid foundation in Classical Ballet and/or Contemporary Dance. Admittance is open to those at the intermediate to advanced levels, ensuring all participants have the foundational skills necessary to thrive.

COURSE CONTENT

Conditioning/Pilates

Students learn to develop and improve strength, flexibility, posture and coordination.

Classical Ballet

Focuses on musicality, strength, alignment, extension, travelling, jumps.

Contemporary

Exploration of various Contemporary Dance techniques.

Choreography

Students learn the choreographic tools needed to create their own dance routines.

FINAL PERFORMANCE

On the last Friday, students will perform a demonstration and sharing of the work covered in both Classical Ballet and Contemporary training sessions in front of an audience. The performance will include new choreography, created in participation with the students during the course.

EXCURSIONS

Pro Dance students will join Dicker's English Plus students on Wednesday half-day and weekend full-day excursions to the exciting cultural and historic destinations and attractions around London and the South of England.

TYPICAL DAY

Pro Dance students receive 12 hours of dance training per week. The core programme includes classical ballet, contemporary and choreography. Alongside the core programme, students receive Pilates, conditioning, fitness sessions and improvisation sessions.

09.00 ENGLISH SKILLS 1 & 2

11.30 ENRICHMENT

13.30 CONDITIONING/PILATES

14.15 CLASSICAL BALLET

15.30 CONTEMPORARY TECHNIQUE

16.15 CREATIVE/CHOREOGRAPHY