

HORSE RIDING

Bede's Horse Riding Academy offers students an opportunity to have lessons in Horse Riding and caters for all levels, from those with no experience to Advanced riders. With personalised lessons, professional trainers, and well-trained horses, the Academy looks to improve understanding of skill and correct riding etiquette.

OBJECTIVES

- To understand and achieve safe position and handling of a pony or horse
- To demonstrate control and give effective signals to the pony or horse when mounted
- To recognise the importance of balance in walk and trot
- To be able to mount, ride and walk in trot independently
- To practise the canter transition (if possible)
- To experience riding on different terrains
- To ride over poles and fences (if possible)
- To develop riding skills and build your confidence
- To broaden vocabulary relating specifically to horse riding

FURTHER INFORMATION

Students will be given additional tuition, extra to the three hours of riding, in Stable Management (horse care) at the riding stables. The Students height and weight is required for this academy.



SUMMARY

CENTRES	Easter Programme, Eastbourne, Windlesham, Dicker and Lancing (6–17 years)	DAYS	Tuesday, Thursday and Friday
VENUE	At riding stables near the centre. There may also be the opportunity for students to go on a hack (horseback walk) close to the riding stables	LEVELS	Beginner, Elementary, Intermediate and Advanced
HOURS	4½ hours per week (3x 1½ hour sessions)	INSTRUCTION	Students receive instruction in small groups
DATES	Eastbourne, Windlesham and Lancing – All Weeks Easter Programme – Week 1: 22/03/2026 Week 2: 29/03/2026 Week 3: 05/04/2026	FEE	£345 per week

Minimum number of students is required for the Academy to run. If an Academy is cancelled, a refund will be given.