



HORSE RIDING

Bede's Horse Riding Academy offers students an opportunity to have lessons in Horse Riding and caters for all levels, from those with no experience to Advanced riders. With personalised lessons, professional trainers, and well-trained horses, the Academy looks to improve understanding of skill and correct riding etiquette.

FURTHER INFORMATION

Students will be given additional tuition, extra to the three hours of riding, in Stable Management (horse care) at the riding stables. The Students height and weight is required for this academy.

OBJECTIVES

- To understand and achieve safe position and handling of a pony or horse
- To demonstrate control and give effective signals to the pony or horse when mounted
- To recognise the importance of balance in walk and trot
- To be able to mount, ride and walk in trot independently
- To practise the canter transition (if possible)
- To experience riding on different terrains
- To ride over poles and fences (if possible)
- To develop riding skills and build your confidence
- To broaden vocabulary relating specifically to horse riding.

SUMMARY

CENTRES Eastbourne, Windlesham, Royal Russell, Dicker and Lancing (6–17 years)

HOURS 4½ hours per week (3x 1½ hour sessions)

LEVELS Beginner, Elementary, Intermediate and Advanced

INSTRUCTION Students receive instruction in small groups

VENUE At riding stables near the centre. There may also be the opportunity for students to go on a hack (horseback walk) close to the riding stables

DATES Eastbourne, Windlesham, Royal Russell, Dicker and Lancing – All Weeks

DAYS 3 days a week

FEE £350 per week

Minimum number of students is required for the Academy to run. If an Academy is cancelled, a refund will be given.