NIKE DANCE CAMPS

SUMMER 2023

LEARN. DANCE. PLAY.

Residential 1- and 2-week camps in July and August for boys and girls aged 10-17 at Bradfield College, a prestigious UK private school near London. Enjoy feel-good fitness and learn moves from around the world with our expert dance instructors from At Your Beat, a leading London and New York dance studio. Students can choose to focus exclusively on dance in the Total Dance programme or take daily English lessons alongside their training.

Camps include an action-packed schedule and a diverse mix of nationalities, ensuring students maximise their learning and gain a valuable cultural experience.

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CAMP OPTIONS

Players can choose from either **TOTAL DANCE** or **DANCE+ENGLISH.**

Both options are available as either a 6- or 13-night camp, and both include:

- **DANCE TRAINING WITH AT YOUR BEAT**
- **24/7 SUPPORT STAFF**
- **3 MEALS A DAY**
- **ON-SITE ACCOMMODATION**
- **EXCURSIONS TO CITIES + LANDMARKS**
- **EXCLUSIVE NIKE GIFT PACK**
- **COMPLETION CERTIFICATE**

OPTION 1

TOTAL DANCE

- An intensive programme not suitable for beginners
- Suitable for all English language abilities except beginners
- Up to 26 hours a week of dance training with At Your Beat

OPTION 2

DANCE +ENGLISH

- Suitable for all English language levels and dance abilities
- 13-14 hours a week of English Language lessons using an accelerated model of English learning
- Up to 17 hours a week of dance training with At Your Beat

DANCE TRAINING

360° DANCE

The one- or two-week programme is a roller-coaster journey through different styles and techniques. Dance instructors bring the signature At Your Beat flavour to Jazz, Street, Contemporary and Latin, working towards a final performance at the end of the week showcasing a unique mash-up of all the styles covered. The focus on expression, creativity, fun and fitness builds confidence in dancers of all abilities.

AT YOUR BEAT

With studios in London and New York, AYB has quickly become the class of choice for celebrities, pop stars and athletes alike. Nike trainer and founder Joelle D'Fontaine has created the ultimate inclusive environment and flexible curriculum for teaching people of all ages and abilities. AYB champions energy, expression and empowerment.

URBAN BEAT

Find your beat with one of the most varied and widely danced styles. Get loose, get low and get down!

VIDEO BEAT

Get funky and fresh to catchy commercial songs you know and love. Fun and energising routines that will make you feel like the star of your own music video!

LYRICAL BEAT

Find a deeper connection to music through freedom of movement and expression. Come and dance no matter what your mood!

JAZZ BEAT

Time to get serious with clean lines, building a stronger core, learning how to turn, jump and leap!

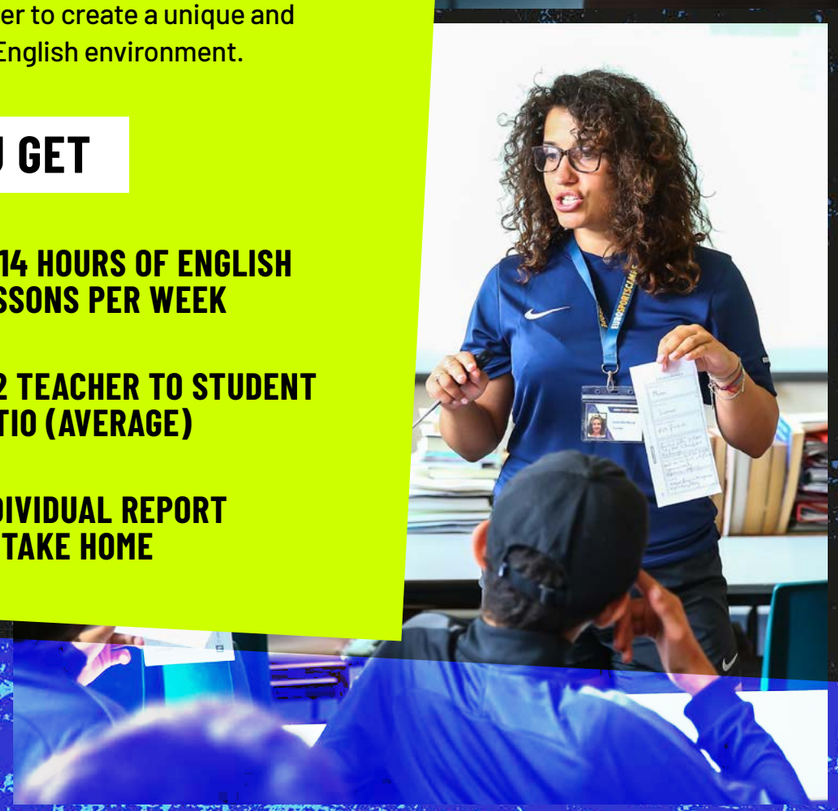
ENGLISH TEACHING

LEARN IN CLASS AND IN THE STUDIO

Our carefully designed English syllabus is based on the CLIL approach, which is used in prestigious English teaching schools worldwide. The focus is on sport, while also gaining a broader understanding of English in the wider world. Teachers live on campus and take a student-centred approach in the classroom. They ensure students communicate in English throughout the camp in order to create a unique and immersive English environment.

WHAT YOU GET

- **13-14 HOURS OF ENGLISH LESSONS PER WEEK**
- **1:12 TEACHER TO STUDENT RATIO (AVERAGE)**
- **INDIVIDUAL REPORT TO TAKE HOME**



HOW IT WORKS

Before the course starts, students take an online English grammar and vocabulary test. On the first day of camp, a speaking assessment with their teacher further helps determine their level.

Classes are engineered to focus on general English and sports-related English. Using the topic of sport engages students with a common interest in the classroom and equips them with useful vocabulary for their coaching sessions. Lessons are fun and interactive, using a combination of traditional classroom techniques, active participation and project work.

At the end of each week, students will receive an English progress report, along with some advice from their teacher on how to continue improving their English at home.

THE VENUE
BRADFIELD COLLEGE

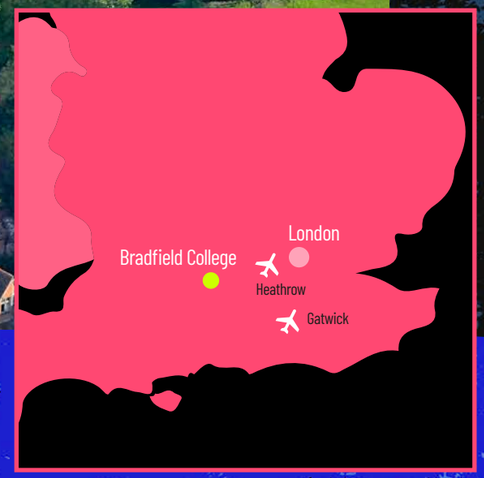
ONE OF THE UK'S GREAT PRIVATE SCHOOLS

Located in the heart of the beautiful Berkshire countryside, yet only 45 minutes from London Heathrow, Bradfield College is one of the country's leading private schools with a reputation for academic and sporting excellence. The College has impressive sporting facilities including a modern dance studio with a sprung floor and natural light.

With its inclusive international environment and inspiring setting, Bradfield College is the perfect home for Nike Dance Camps in the UK.

SUITABLE FOR

- Boys and girls aged 10-17
- All dance abilities



BRADFIELD COLLEGE

THE DETAILS

ACCOMMODATION

Mix of single and shared bedrooms

FACILITIES

- Modern dance studio
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- Laundry facilities

CATERING

3 nutritionally balanced meals a day and an evening snack, including vegetarian options

TRANSFERS

We offer an airport transfer service from the following airports:

- London Heathrow (LHR) 52km
- London Gatwick (LGW) 98km

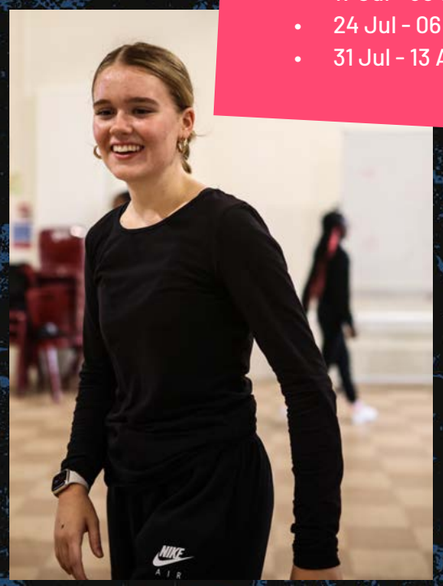
EXCURSIONS

6-night camps

- Theme Park
  OR
- Oxford Tour

13-night camps

- All above excursions
- London Experience



2023 CAMP DATES

6-night camps

Monday – Sunday

- 03 Jul - 09 Jul
- 10 Jul - 16 Jul
- 17 Jul - 23 Jul
- 24 Jul - 30 Jul
- 31 Jul - 06 Aug
- 07 Aug - 13 Aug

13-night camps

Monday – Sunday

- 03 Jul - 16 Jul
- 10 Jul - 23 Jul
- 17 Jul - 30 Jul
- 24 Jul - 06 Aug
- 31 Jul - 13 Aug

CAMP EXCURSIONS

All camps include exciting excursions, offering a taste of some of the UK's top attractions...

LONDON EXPERIENCE

13-NIGHT CAMPS ONLY

Experience the famous sights of the capital up close, including Big Ben and Buckingham Palace, as well as enjoying a shopping experience.

OXFORD TOUR

EVERY OTHER WEEK

Explore the historic city of Oxford, home to the oldest university in the English-speaking world, with magnificent architecture and academic history around every corner.

THEME PARK

EVERY OTHER WEEK

There's something to suit everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.

DATES + DETAILS AT A GLANCE

VENUE
BRADFIELD COLLEGE

DANCE + ENGLISH

- **TOTAL DANCE:** 26 hrs of dance a week
- **DANCE+ENGLISH:** up to 17 hrs of dance a week + 13-14 hrs of English a week

DESIGNED FOR

- Boys and girls aged 10-17
- All dance abilities

EXCURSIONS

- London Experience (13-night camps only)
- Oxford Tour (weeks with*)
- Theme Park (weeks without*)

2023 CAMP DATES

6-night camps

- 03 Jul - 09 Jul
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13-night camps

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“Millie had the best time at the Dance camp, she loved it so much she stayed for a second week. I was nervous about Millie being away from home, but the team at the camp was so amazing and reassuring I knew she was in great hands. As a family we’ve seen such a positive change in our daughter, she is already asking to go back next year. Thank you so much Nike Sports Camps!”

MRS COLE, UK

A TYPICAL DAY

07:30
Fitness & stretch option

08:00
Breakfast

09:00
Morning meeting

09:30
Dance or English

12:30
Lunch

13:15
Free time

14:00
Dance or English

18:00
Dinner

19:30
Dance / Activities
/ Players' Lounge

22:00
Lights out

LEARN. DANCE. PLAY.

BOOK A DANCE CAMP TODAY.

SPEAK TO YOUR AUTHORISED AGENT.

EUROSPORTSCAMPS

Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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