



NIKE FOOTBALL CAMPS



FOUNDATION

SUMMER 2023





TRAIN LIKE A CHELSEA PLAYER

Residential 1- or 2-week camps in July and August for boys aged 9-17 with Chelsea FC Foundation at two leading English private schools near London.

Players are coached by Chelsea FC Foundation in a training programme inspired by the Academy curriculum at 5-time English Premier League winners, and 2-time European Champions, Chelsea Football Club. Players can choose to focus entirely on developing their game on and off the pitch with the Total Football programme, or improve their English language skills alongside their football on the Football + English camp.

CONTENTS

- **CAMP OPTIONS**
- **THE COACHING**
- **FOOTBALL WORKSHOPS**
- **ENGLISH TEACHING**
- **VENUE**
- **EXCURSIONS**
- **DATES + DETAILS**



CAMP OPTIONS

Players can choose from either **TOTAL FOOTBALL** or **FOOTBALL+ENGLISH**.

Both options are available as either a 6- or 13-night camp, and both include:

-  **CHELSEA FC COACHING**
-  **FOOTBALL DEVELOPMENT WORKSHOPS**
-  **24/7 SUPPORT STAFF**
-  **3 MEALS A DAY**
-  **ON-SITE ACCOMMODATION**
-  **EXCURSIONS TO CITIES + STAMFORD BRIDGE**
-  **EXCLUSIVE NIKE GIFT PACK**
-  **COACHING REVIEW + CERTIFICATE**

OPTION 1

TOTAL FOOTBALL

- An intensive programme that is not suitable for complete beginners
- Suitable for all English language abilities except beginners
- Up to 26 hours a week of coaching, games and workshops with Chelsea FC Foundation

OPTION 2

FOOTBALL +ENGLISH

- Suitable for all English language levels
- 13-14 hours a week of English Language lessons using an accelerated model of English learning
- Up to 22 hours a week of coaching, games and workshops with Chelsea FC Foundation





THE COACHING

The coaching curriculum is designed and delivered by Chelsea FC Foundation, one of the world's leading football, education, and community programmes. The camps provide an insight into life as a young player at Chelsea FC and are tailored to challenge players at their age and ability level.

SENIOR CAMP (AGES 13-17)

CHARTERHOUSE SCHOOL
SURREY

JUNIOR CAMP (AGES 9-13)

LANCING COLLEGE
BRIGHTON

FIVE FACTORS OF DEVELOPMENT



TECHNICAL



TACTICAL



PHYSICAL



PSYCHOLOGICAL



SOCIAL





THE COACHING > SENIOR CAMP

TRAIN LIKE A PRO

Players should expect high intensity training that challenges their understanding of football tactics for every position on the field. Players improve through a combination of coaching, skills challenges and small-sided games. Tailoring the training to the players' individual level, coaches encourage self-reflection and analysis to identify strengths and areas for improvement.

RAISE YOUR GAME

Coaches share insights into what it takes to raise your game and play at the highest level. Players leave with a better understanding of how to improve while gaining confidence from an international football environment.

FOR GOALKEEPERS

Goalkeeper coaches focus on specific goalkeeping skills in one technical session each day. Goalkeepers join outfield players for other sessions to further understand gameplay situations.





THE COACHING > JUNIOR CAMP

TRAIN LIKE A PRO

Focusing on Chelsea's fast, attacking style of football, each day is themed on a different Chelsea First Team player, looking at the skills and strengths that they bring to the team. Coaches create a fun and engaging environment that focuses on supporting player development with challenges, drills and small-sided games.



RAISE YOUR GAME

Coaches encourage players to apply new skills and techniques, in an environment built on trust giving them the confidence to develop. Players experience a truly international football environment and leave having met friends from around the world.





“

At Chelsea, youth development is a very important part of what we do as a club. We are proud of the number of First Team players that have come through our youth development programmes. Our Foundation coaches use this same philosophy to help players succeed both on and off the pitch. These camps are a fantastic opportunity for young players from all over the world, to develop their football in an inspiring environment with our talented coaches.”

**GRAHAM POTTER,
CHELSEA FC MANAGER**



FOOTBALL WORKSHOPS

OFF THE PITCH

Specialist staff and coaches from Chelsea FC deliver workshops to expose players to a broader view of the game. Coaches use fun discussions to introduce junior players to topics that explore how Chelsea players succeed on and off the pitch, whilst senior players follow a series of more in-depth workshops giving them a broader view of the game. Here are some examples of previous workshops...



OVERSEAS SCOUTING

“How do Chelsea FC identify and recruit players from overseas?”

WITH THE CHIEF INTERNATIONAL SCOUT AT CHELSEA FC

MATCH ANALYSIS

“How to analyse a match and understand how you can influence the game more”

WITH A FOOTBALL PERFORMANCE ANALYST

TALENT IDENTIFICATION

“What are the key attributes that Chelsea FC look for in young players?”

WITH THE ACADEMY INTEGRATION MANAGER AT CHELSEA FC

DEVELOPMENT PATHWAY

“How do players in the UK progress through the Chelsea FC youth development system?”

WITH THE ACADEMY INTEGRATION MANAGER AT CHELSEA FC





CHELSEA FC TRAINING CENTRE

TRAIN LIKE A CHELSEA FC PLAYER

AT THE OFFICIAL TRAINING CENTRE

Every week, players experience a day training at the Chelsea FC Training Centre. The facility provides an inspirational setting for players and gives a real taste of life as a Chelsea FC professional.

Sessions focus mainly on game play situations and encourage everyone to put into practice the skills they have learned throughout the week. During the day, Chelsea FC's expert staff, together with occasional special guest speakers, offer young players knowledge and insight into the professional game.





“

They're doing everything that a young, elite male or female football player would be doing. They play like professional footballers, study like professional footballers, live like professional footballers.”

**CHELSEA FC
FOUNDATION
HEAD COACH 2022**





ENGLISH TEACHING

LEARN IN CLASS AND ON THE PITCH

Our carefully designed English syllabus is based on the CLIL approach, which is used in prestigious English teaching schools worldwide. The focus is on sport, while also gaining a broader understanding of English in the wider world. Teachers live on campus and take a student-centred approach in the classroom. They ensure students communicate in English throughout the camp in order to create a unique and immersive English environment.

WHAT YOU GET



13-14 HOURS OF ENGLISH LESSONS PER WEEK

1:12

TEACHER TO STUDENT RATIO (AVERAGE)



INDIVIDUAL REPORT TO TAKE HOME



HOW IT WORKS

Before the course starts, students take an online English grammar and vocabulary test. On the first day of camp, a speaking assessment with their teacher further helps determine their level.

Classes are engineered to focus on general English and sports-related English. Using the topic of sport engages students with a common interest in the classroom and equips them with useful vocabulary for their coaching sessions. Lessons are fun and interactive, using a combination of traditional classroom techniques, active participation and project work.

At the end of each week, students will receive an English progress report, along with some advice from their teacher on how to continue improving their English at home.





THE VENUE CHARTERHOUSE SCHOOL SENIOR CAMP (AGES 13-17)

AN INTERNATIONALLY RENOWNED UK PRIVATE SCHOOL

Founded in the 1600s, Charterhouse is one of the most historic schools in the UK. The school has been on its current site in Surrey, near London, since 1847, with 240 acres of grounds and a breath-taking main school building surrounded by many more modern additions. Charterhouse's rich footballing history includes being involved in defining the rules of the modern game at the first meeting of the Football Association in 1863. The Old Carthusians, a team of former Charterhouse pupils, also famously won the 1881 FA Cup.

With 12 immaculate natural grass football pitches spread across the idyllic campus, the school provides an inspiring and historic environment for players on the camp.

SUITABLE FOR

- Boys aged 13-17
- All football abilities except complete beginners





CHARTERHOUSE SCHOOL

THE DETAILS

ACCOMMODATION

Mix of single and shared bedrooms

FACILITIES

- 12 grass football pitches
- Tartan athletics track
- Indoor swimming pool
- Indoor sports centre
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities

CATERING

3 nutritionally balanced meals a day and an evening snack, including vegetarian options

TRANSFERS

We offer an airport transfer service from the follow airports:

- London Heathrow Airport (LHR) 45km
- London Gatwick Airport (LGW) 64km

EXCURSIONS

All camps

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum

13-night camps only

- London Experience
- Theme Park



2023 CAMP DATES

6-night camps

Monday - Sunday

- 03 Jul - 09 Jul
- 10 Jul - 16 Jul
- 17 Jul - 23 Jul
- 24 Jul - 30 Jul
- 31 Jul - 06 Aug
- 7 Aug - 13 Aug
- 14 Aug - 20 Aug*

13-night camps

Monday - Sunday

- 03 Jul - 16 Jul
- 10 Jul - 23 Jul
- 17 Jul - 30 Jul
- 24 Jul - 6 Aug
- 31 Jul - 13 Aug
- 07 Aug - 20 Aug**

*Camp takes place at Lancing
** First week at Charterhouse, second week at Lancing



THE VENUE LANCING COLLEGE JUNIOR CAMP (AGES 9-13)

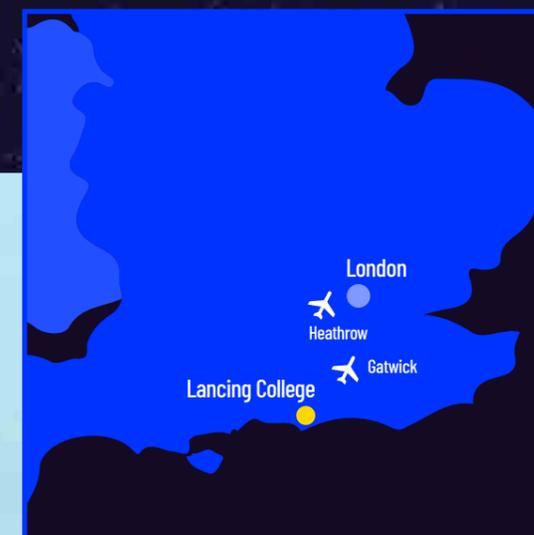
HISTORIC PRIVATE SCHOOL WITH EXTENSIVE FOOTBALL FACILITIES

Spectacularly situated on the South Coast overlooking the sea, Lancing College is one of Britain's great private schools. The college is just 15 minutes from the historic seaside town of Brighton, in East Sussex. Founded in 1848, Lancing College has developed an international reputation for academic and sporting achievement.

Within an enclosed secure campus, the school has 8 immaculate grass football pitches, an all-weather pitch and an indoor sports hall, making it the perfect home for the junior camp.

SUITABLE FOR

- Boys aged 9-13
- All football abilities except complete beginners





LANCING COLLEGE

THE DETAILS

ACCOMMODATION

Mix of single and shared bedrooms

FACILITIES

- 8 grass football pitches
- All-weather pitch
- Indoor sports hall
- Indoor swimming pool
- Players' lounge with TV, table football and games consoles
- Free Wi-Fi
- On-site camp shop
- Laundry facilities

CATERING

3 nutritionally balanced meals a day and an evening snack, including vegetarian options

TRANSFERS

We offer an airport transfer service from the follow airports:

- London Heathrow Airport (LHR) 107km
- London Gatwick Airport (LGW) 49km

EXCURSIONS

All camps

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum

13-night camps only

- London Experience
- Theme Park



2023 CAMP DATES

6-night camps

Monday - Sunday

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“

Our son Richard had a wonderful time during the football camp at Charterhouse. A great location! A friendly, welcoming atmosphere with kind people around! Great coaches, where children from all over the world really could learn new tactics and ideas! Great team spirit!”

MR FREUNDLIEB, GERMANY





CAMP EXCURSIONS

All camps include exciting excursions, giving players a taste of some of the UK's top attractions...

LONDON EXPERIENCE

13-NIGHT CAMPS ONLY

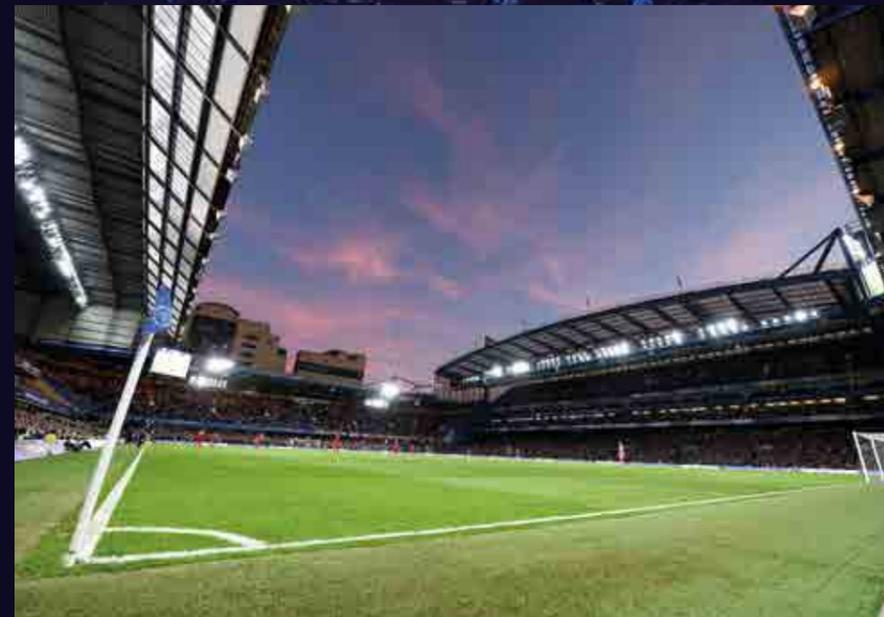
Players experience the famous sights of the capital up-close including Big Ben and Buckingham Palace as well as enjoying a shopping experience.



CHELSEA FC TRAINING CENTRE

EVERY WEEK

Players spend the day training with their coaches at Chelsea FC's Training Centre in Cobham. The trip is enhanced with football workshops, and question and answer sessions.



STAMFORD BRIDGE

EVERY WEEK

The trip to Chelsea FC's iconic stadium in West London includes a behind-the-scenes tour and a visit to the museum, where players will learn about the evolution of the club and the secrets to their long-term success.



THEME PARK

13-NIGHT CAMPS ONLY

There's something to suit everyone at England's top theme parks. Adrenaline junkies can ride rollercoasters that go from 0-80mph in under two seconds, while those who prefer to keep their feet near the ground can enjoy smaller rides and traditional fairground activities.





DATES+DETAILS AT A GLANCE

VENUE CHARTERHOUSE SCHOOL

AVAILABLE CAMPS

- **TOTAL FOOTBALL:** up to 26 hrs of football a week
- **FOOTBALL+ENGLISH:** up to 22 hrs of football a week + 13-14 hrs of English a week

DESIGNED FOR

- Boys aged 13-17
- All football abilities except complete beginners

EXCURSIONS

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum
- London Experience (13-night camps only)
- Theme Park (13-night camps only)

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*Camp takes place at Lancing

** First week at Charterhouse, second week at Lancing

VENUE LANCING COLLEGE

AVAILABLE CAMPS

- **TOTAL FOOTBALL:** up to 26 hrs of football a week
- **FOOTBALL+ENGLISH:** up to 21 hrs of football a week + 13-14 hrs of English a week

DESIGNED FOR

- Boys aged 9-13
- All football abilities except complete beginners

EXCURSIONS

- Chelsea FC Training Centre
- Stamford Bridge Stadium + Museum
- London Experience (13-night camps only)
- Theme Park (13-night camps only)

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6-night camps

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13-night camps

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- 24 Jul - 06 Aug
- 31 Jul - 13 Aug
- 07 Aug - 20 Aug



Excellent camp - great experience with true professionals - kids love the mixed nations atmosphere - overall highly recommended."

MR AVITAL, USA



A TYPICAL DAY > JUNIOR CAMP



08:00
Breakfast



09:00
Morning meeting



09:30
Football or English



12:30
Lunch



13:15
Free time



14:00
Football or English



18:00
Dinner



19:30
Activities /
Players' Lounge



22:00
Lights out

A TYPICAL DAY > SENIOR CAMP



08:00
Breakfast



09:00
Morning meeting



09:30
Football training



12:30
Lunch



14:00
English or Football
workshops /Activity



18:00
Dinner



19:00
Football training



21:00
Players' Lounge



22:00
Lights out

BOOK A FOOTBALL CAMP TODAY.

SPEAK TO YOUR AUTHORISED AGENT.



LEARN. TRAIN. PLAY.



EUROSPORTSCAMPS

Euro Sports Camps is a trading division of CMT Learning, specialising in residential camps that combine high quality English language teaching with sports coaching to accelerate learning, sporting development and self-belief. CMT Learning works with the world's top clubs, federations and coaches, together with advice from sports scientists and English language specialists.

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